

CAREER EXPLORATION LESSON PLAN

Career Assessment

OBJECTIVE: Clients learn what careers may be most suitable based on interests, skills, and personality

Activity:

Interest Assessments

- World of Work Inventory (WOWI)
- Strong Interest Inventory (SII)
- Career Assessment Inventory (CAI): Vocational Version
- O*Net Interest Inventory
- Reading Free Vocational Interest Inventory: Second Edition (R-FVII: 2)

Skill Assessments

- World of Work Inventory (WOWI)
- Wide Range Achievement Test (WRAT-4)

Personality Assessments

- World of Work Inventory (WOWI)
- Myers Briggs Type Indicator (MBTI)

Labor Market Information

OBJECTIVE: Clients learn the definition of LMI

Activity: Verbal review of LMI definition

- Statistics related to the job market such as number of job openings, projected job growth, wages, turnover rates, number of potential candidates for open positions, number of graduates with degrees for certain positions, etc.
- These statistics can be local, regional, statewide, or national

OBJECTIVE: Clients learn how LMI can benefit their job search

Activity: Verbal review of the benefits of LMI

- Use LMI to answer questions about whether or not there are job opportunities in a career of interest in a certain locality or region, what other jobs are available in a certain locality or region, how much do certain jobs pay, etc.
- Could lead to an examination of priorities or values related to working such as location, career choice, or wage needs which could be processed between you and your VR counselor
- Could lead to career opportunities you haven't yet thought about as options for yourself
- Could lead to a discussion with you and your VR counselor comparing the cost of school with availability of work for your degree

OBJECTIVE: Clients learn how to access LMI

Activity 1: Instruct how to use O*Net and Job Service to access LMI. Follow the guided study sheet.

Activity 2: Client fills out LMI worksheets

LMI

What is Labor Market Information (LMI)?

- Statistics related to the job market such as number of job openings, projected job growth, wages, turnover rates, number of potential candidates for open positions, number of graduates with degrees for certain positions, etc.
- These statistics can be local, regional, statewide, or national

Why should we consider using LMI in our career exploration/planning process?

- Use LMI to answer questions about whether or not there are job opportunities in a career of interest in a certain locality or region, what other jobs are available in a certain locality or region, how much do certain jobs pay, etc.
- Could lead to an examination of priorities or values related to working such as location, career choice, or wage needs which could be processed between you and your VR counselor
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How can we access LMI?

- Online resources such as Job Service, O*Net, and CareerOneStop have various LMI that can be easily accessed
- See next page for instructions on how to access LMI